

The 39th Annual
**WINTER
CHALLENGE**

**Gymnastics
Meet**

January 22, 23 & 24, 2010

**Levels
4 - 10**

**Over 900
Trophies Awarded!**

"We Believe In What Kids Can Do!"

Host Hotel:

Embassy Suites
St. Paul-Downtown
175 E. 10th Street
St. Paul, MN 55101
1-800-EMBASSY



Special Room Rate: \$109.00 - King
\$119.00 - Double
(Special Rate Cut-Off Date - Jan. 4, 2010)

Special Rate includes:

- Complimentary full cooked-to-order breakfast each morning
- Two-hour Manager's Reception each evening, serving complimentary beverages and light snack
- Living room with private bedroom
- High-speed internet access throughout the hotel
- Fitness center, swimming pool, whirlpool access
- Kitchenette includes microwave, coffeemaker and coffee, sink and refrigerator
- Wooley's Restaurant & Bar



For more information:
Crowley's Gymnastics Center, Inc.
1310 Gentry Ave. North
Oakdale, MN 55128
Phone: 651-738-8796
Fax: 651-738-0603
cgcenterbmetz@yahoo.com
crowleysgymnastics.com

Come join the fun!!!



presents

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**WINTER
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January 22, 23 & 24, 2010

**Concordia University
St. Paul, Minnesota**



Gangelhoff Center

*Proud To Be Voted
Minnesota's Best*

WINTER CHALLENGE 2010

January 22, 23 & 24, 2010

Host Club: Crowley's
Gymnastics Center

Meet Location: Gangelhoff Center
Concordia University

Format: Capitol Cup

Equipment: United Athletic International

Gifts: All Competitors and coaches
will receive a special gift!

Admission for Spectators: Adult - \$8.00
Child - \$4.00



Prices for Competitors:
Level 4-6 - \$70.00
Level 7-10 - \$90.00
Team - \$45.00

Meet Directors:
Sharon Neuman
Becky Metz

Awards
Over 900 Individual Trophies!

Team Awards-
Top Four Teams of Each Level
1st Place Level 10 Team - Large Impact Mat
1st Place Level 9 Team - Small Impact Mat

Additional Awards per Session
Determined by Judges:
Most Dynamic Vault
Best Swing on Bars
Most Confident on Beam
Best Presentation on Floor

Even More Awards per Session:
Best Hair • Handstand Contest
And Much More!